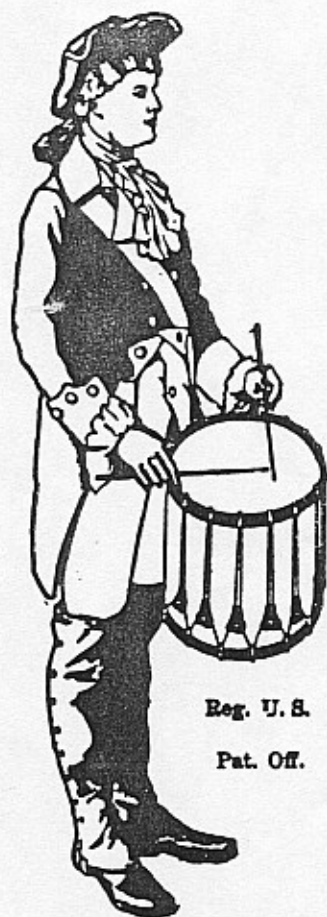


STICK CONTROL



Reg. U. S.

Pat. Off.

The Colonial Drummer

for the

SNARE DRUMMER

By GEORGE LAWRENCE STONE

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and
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PREFACE

It seems that there are too many drummers whose work is of a rough-and-ready variety and whose technical proficiency suffers in comparison with that of the players of other instruments.

Of course, technical proficiency can come only through continued, well-directed practise. The more practise one does the more proficiency he acquires.

Many concert pianists practise hours and hours every day. They continue practising after they graduate from the student period and enter into the professional field. Violinists, cornetists and the players of other instruments do likewise. Through regular and systematic practise they "keep in shape."

To the uninitiated, the art of drumming appears easy—so easy in fact that unless the drum student has had the advantage of expert advice, he may fail to realize the importance of the long hours of hard, painstaking practise that must be put in before he is technically prepared to enter the professional field with the confidence that his efforts will measure up to approved musical standards.

However, in defence of the drummer, let it be noted that while the pianist and violinist have access to many hundreds of elementary and advanced text-books, covering every known branch of their art, the drummer's library is limited to a score or so of instruction books, and not all of these containing the specific type, or generous amount of practise material necessary to the development of that high degree of fundamental mechanical dexterity required from the modern drummer.

It is in realization of this need and in answer to requests from drum instructors in all parts of the country that this series of practise-rhythms has been prepared and presented herewith under the title of:—

"STICK CONTROL—For The Snare Drummer"

"STICK CONTROL" is a highly specialized practise-book, dealing with just one branch of the art of drumming. It is an advanced book, consisting of a progressive, highly concentrated collection of rhythms, arranged in calisthenic form, which, if practised regularly and intelligently, will enable one to acquire control, speed, flexibility, touch, rhythm, lightness, delicacy, power, endurance, preciseness of execution and muscular co-ordination to a degree far in excess of his present ability.

"STICK CONTROL" is intended to develop finger, wrist and arm muscles, which to the rudimental drummer, playing in exhibition or contest, means speed, power and endurance, and to the orchestral drummer, specializing in lighter types of playing, means clean, crisp execution, precise interpretation and flexibility of control, especially in "pianissimo" rolls and delicate shading.

"STICK CONTROL" contains a wealth of material for the development of the drummer's weak or awkward hand (which to the right handed individual is his left), thereby enabling him to acquire ambidexterity in a sufficient degree for smooth, rhythmic hand-to-hand execution. Its stick-work being entirely mechanical in scope, "STICK CONTROL" does not conflict with any of the known "systems" of drumming, therefore any instructor may assign its pages, at his discretion, concurrently with his regular assignment to the pupil. The expert instructor will find in the rhythms of "STICK CONTROL" an abundance of material designed to make his own daily "work-out" more interesting and productive.

An hour a day with "STICK CONTROL" will work wonders for one, whether he be rudimental exhibitionist or concert drummer; student or expert; jazz drummer or symphonist. The only vital requirement for this book (or, indeed, for any drum instruction book) is regular practise; and, to the student, the author recommends the services of a local expert instructor, whenever such services are available.

GEORGE LAWRENCE STONE

HOW TO PRACTISE "STICK CONTROL"

It will be noted that the practise-rhythms in "STICK CONTROL" are numbered and are without the customary musical ending. This is so that each rhythm may be practised over and over before proceeding to the next one, which method of practise is the most conducive to quick and satisfactory results.

The author recommends that each rhythm be practised 20 TIMES WITHOUT STOPPING. Then go on to the next one. THIS IS IMPORTANT. "STICK CONTROL" cannot serve its purpose as well in any other way.

Practise with the metronome is also recommended, and at several different speeds, varying from extremely slow to extremely fast; and again without the metronome, in the open and closed style, i. e., starting very slowly, gradually accelerating to top speed, then slowing down again, finally ending at the original tempo.

Practise at all times with relaxed muscles, stopping at the slightest feeling of tension. Remember, the rhythms in "STICK CONTROL" are "conditioners." They are designed to give control. Control begins in muscularly relaxed action.

A WORD TO THE ORCHESTRAL DRUMMER:—Do not let the word "rudimental" frighten you nor prevent you from putting in a normal amount of practise on power, high-hand practise and the open roll. This will not spoil the light touch, delicate shading or fine-grained effects demanded of you in modern musical interpretation. To the contrary, by giving you a better control of the sticks, it will enable you to produce even finer and more delicate effects than heretofore.

LIKEWISE, A WORD TO THE RUDIMENTAL DRUMMER:—Do not hesitate to devote a portion of your practise period to lightness and touch, and especially to the playing of the closed roll, for if your practise is confined entirely to power and endurance your execution will become "one-sided," heavy and clumsy. Strangely to say, practise in lighter execution will, by giving you a fuller control of the sticks, help your power, endurance and speed.

The "open roll," referred to throughout the book (and beginning on page 11), is the rudimental roll of two beats (no more) of each stick, in rhythmic alternation.

The "closed roll," notated on page 12 and thereafter, is the one commonly used in light orchestral playing. It has several rebounds to each stick movement, instead of just one, this being produced by a slight additional pressure, applied to the sticks as the roll is executed. This closed roll is not to be confused with that exaggerated type of roll known as the "scratch roll," produced by digging the sticks down into the drumhead with muscles tense, at a ridiculously high rate of speed, for which neither the author, nor indeed any musician, has any use.

Practise each rhythm 20 TIMES WITHOUT STOPPING. Then go on to the next one.

Single Beat Combinations

25 
 R R L L R L L R L L R R L R R L

37 
 R L R R R L R R R L R R R L R R R

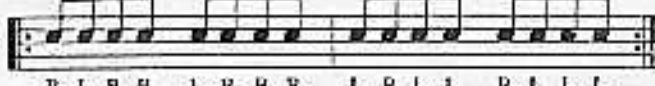
26 
 R R L L R R L R L L R R L L R L

38 
 L R L L L R L L L R L L L L R L L L

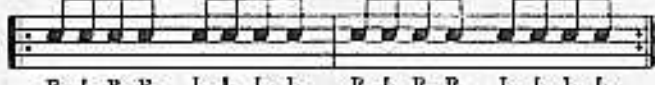
27 
 R R L L L L R R R R L L L L L L R R

39 
 R L R R L L L R L R L L R R R L

28 
 R R L L R R R L R R L L R R R L

40 
 R L R R L R R R L R L L R L L L

29 
 L L R R L L L R L L R R L L L R

41 
 R L R R L L L L R L R R L L L L

30 
 R R L L R L L L R R L L R L L L

42 
 L R L L R R R R L R L L R R R R

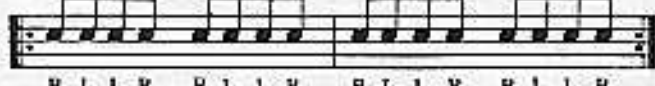
31 
 L L R R L R R R L L R R L R R R

43 
 R L L R L L R L R L L R L L R L

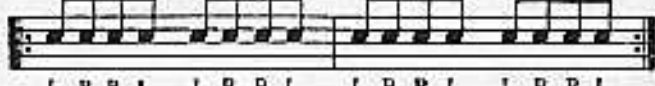
32 
 R R L L R R R R L L R R L L L L

44 
 L R R L R R L R L R R L R R L R

33 
 R L R R L R R L R L R R L R R L

45 
 R L L R R L L R R L L R R L L R

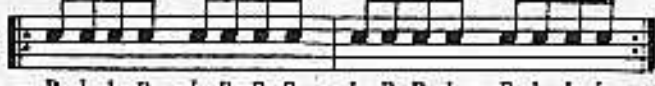
34 
 L R L L R L L R L R L L R L L R

46 
 L R R L L R R L L R R L L R R L

35 
 R L R R L L R L R L R R L L R L

47 
 R L L R L L L R L R R L R R R L

36 
 L R L L R R L R L R L L R R L R

48 
 R L L R L R R R L R R L R L L L

Single Beat Combinations

49
R L L R L L L L R L L R L L L L

61
R L L L L R R R R L L L L L R R R

50
L R R L R R R R L R R L R R R R

62
R L L L R R R R L R R R L L L L

51
R R L R R R L R R R L R R R L R

63
R R R L L L R R R L L L R R R L

52
L L R L L L R L L L R L L R L

64
L L L R R R L L L R R R L L L L

53
R R L R L L L R L L R L R R R L

65
R R L R R L R R L R R L R L R L

54
R R L R L R R R L L R L R L L L

66
L L R L L R L L R L L R L R L R

55
R R L R L L L L R R L R L L L L

67
R L L R L L R L L L L R L L

56
L L R L R R R R L L R L R R R R

68
L R R L R R R R R L R R L R L R

57
R R R L L L L R R R L L L L R

69
R L R R L L L L R R R R L L L L

58
R R R L R L L L R R R L R L L L

70
R R L L R L R R L L L L R R R R

59
L L L R L R R R L L L R L R R R

71
L L R R L R L L R R R R L L L L

60
R R R L R R R R L L L R L L L L

72
R R R R L L R R L R R L R L R L

Triplets

RL RL RRL RRL RRL RRL RRL RRL

15

3 3 3 3

R R L L R R L R R L R R L L R R L R R L

17

R L R R L L R L L R L R L L R R L R R L

18

g s g s

R L R L R L R L R L R L R L

19 

20

21

g s s g

1 1 1 R 1 1 R 1 1 R 1 1 R 1 1 R 1 1 R

22

RLI RLI RLI RLI RLI RLI RLI

* In fast tempo use tap(t) and rebound(r) for the first two beats of this triplet — 

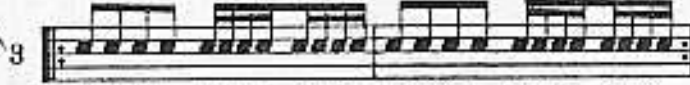


Short Roll Combinations (Single Beat Rolls)

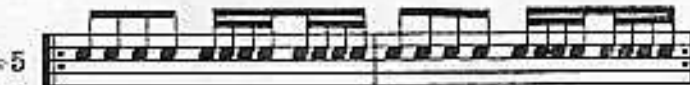
(Read downward)

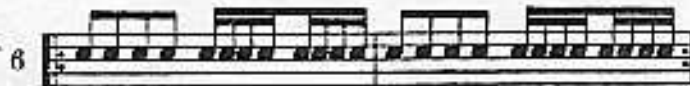
1 
R L R L R L R L R L R L R L R L R L

2 
L L R R L L R R L L R R L L R R L L R R

3 
R R L L R R L L R R L L R R L L R R L L R R

4 
L L R R L L R R L L R R L L R R L L R R

5 
R L R R L L R R L L R R L L R R L L R R

6 
R L L R L L R R L L R R L L R R L L R R

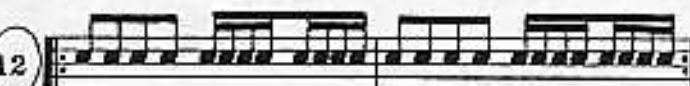
7 
R R L R L L R R L L R R L L R R L L R R

8 
R R R L R L R L R L R R R L R L R L R L

9 
L L L R L L R R L L R R L L R R L L R R

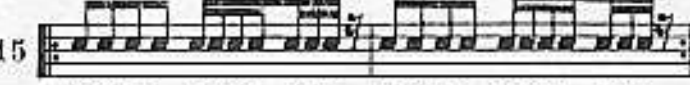
10 
R L L L R L R L R L R L L L R L R L R L

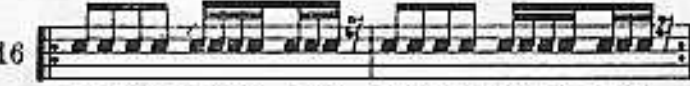
11 
L R R R L L R R L L R R L L R R L L R R

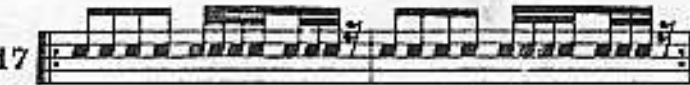
12 
R R R R L L R R L L L L R L R L R L

13 
R L R L R L R L R L R L R L R L R L

14 
L R L R L L R R L L R R L L R R L L R R

15 
R R L L R L R L R L R R L L R L R L R L

16 
L L R R L L R R L L R R L L R R L L R R

17 
R L R R L L R R L L R R L L R R L L R R

18 
R L L R L L R R L L R R L L R R L L R R

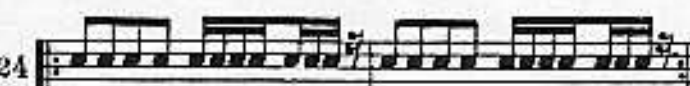
19 
R R L R L L R R L L R R L L R R L L R R

20 
R R R L R L R L R L R R R L R L R L R L

21 
L L L R L L R R L L R R L L R R L L R R

22 
R L L L R L R L R L R L L L R L R L R L

23 
L R R R L L R R L L R R L L R R L L R R

24 
R R R R L L R R L L L L R L R L R L

* Repeat each exercise 20 times

Short Roll Combinations (Double Beat Rolls)

1 13

2 14

3 15

4 16

5 17

6 18

7 19

8 20

9 21

10 22

11 23

12 24

(See paragraph on page 4 explaining "open roll")

Short Roll Combinations

1 R L R L R L R L R L R L R L R L R L R L
• 9 stroke closed roll

13 R L R L R L R L R L R L R L R L R L R L
7 stroke closed roll

2 L R L R L R L R L R L R L R L R L R

14 L R L R L R L R L R L R L R L R L R

3 R R L L R L R L R R L L R L R L

15 R R L L R L R L R R L L R L R L

4 L L R R L R L R L L R R L R L R

16 L L R R L R L R L L R R L R L R

5 R L R R L R L R L R L L R L R L

17 R L R R L R L R L R L L R L R L

6 R L L R L R L R L R R L R L R L R L

18 R L L R L R L R L R R L R L R L R L

7 R R L R L R L R L L R L R L R L R L

19 R R L R L R L R L L R L R L R L R L

8 R R R L R L R L R R R L R L R L R L

20 R R R L R L R L R R R L R L R L R L

9 L L L R L R L R L L L R L R L R L R

21 L L L R L R L R L L L R L R L R L R

10 R L L L R L R L R L L L R L R L R L R L

22 R L L L R L R L R L L L R L R L R L R L

11 L R R R L R L R L R R R L R L R L R L R

23 L R R R L R L R L R R R L R L R L R L R

12 R R R R L R L R L L L L R L R L R L R L

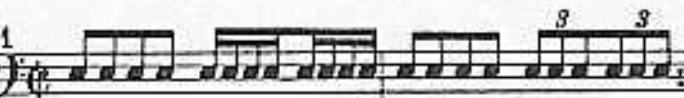
24 R R R R L R L R L L L L R L R L R L R L

• (See paragraph on page 4 explaining the "closed roll")

Review of Short Roll Combinations

[illegible]

Short Rolls and Triplets

1 
R L R R L R L R L R L R L L R L R L R L

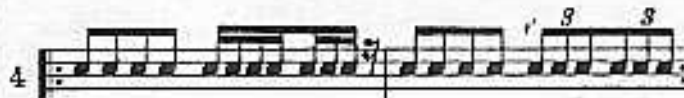
13 
R L L R L R L R L R L R R L R R L

2 
L R L L R L R L R L R L R R L R L R L R

14 
L R R L R L R L R L R L L R L L R L R

3 
R L R R L R L R L R L L R L R L R L

15 
R L L R L R L R L R L R R L R R L

4 
L R L L R L R L R L R R L R L R L R

16 
L R R L R L R L R L R L L R L L R L R

5 
R L R R L L R R L L R L L R L R L R L

17 
R L L R L L R R L L R L R L R R L

6 
L R L L R R L L R R L R L R L R L R L

18 
L R R L R R L L R R L R L L R L L R L R

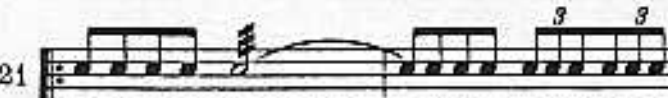
7 
R L R R L L R R L L R L L R L R L R L

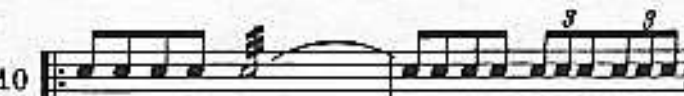
19 
R L L R L L R R L L R L R L R R L

8 
L R L L R R L L R R L R L R L R L R L

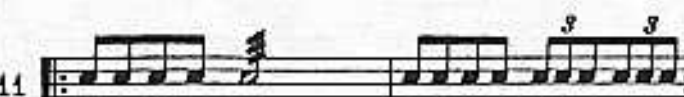
20 
L R R L R R L L R R L R L L R L L R L R

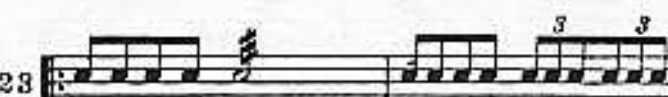
9 
R L R R L R L R L R L L R L R L R L

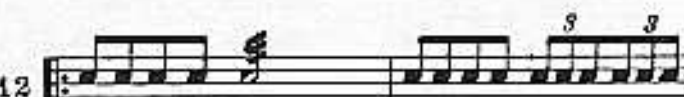
21 
R L L R L R L R L R R L R R L R L

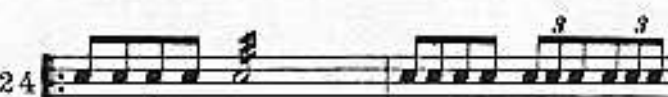
10 
L R L L R L R L R L R R L R L R L R

22 
L R R L R L R L R L R L L R L L R L R

11 
R L R R L R L R L R L L R L R L R L

23 
R L L R L R L R L R R L R R L R L

12 
L R L L R L R L R L R R L R L R L R

24 
L R R L R L R L R L R L L R L L R L R

Flam Beats

1 F L L F L L F L L F L L

2 P R R P R R P R R P R R

3 P R R P L L P R R P L L

4 F L R P R L F L R P R L

5 F R L P R L F R L P R L

6 P L R P L R P L R P L R

7 F R L P L R F R L P L R

8 F L R L F L R L F L R L F L R L

9 P R L R P R L R P R L R P R L R

10 F L R R P R L L F L R R P R L L

11 F R P L F R P L F R P L F R P L

12 P L R L P R L R F L R L P R L R

13 F R L L P R L L P R L L F R L L

14 P L R R P L R R P L R R P L R R

15 F R L R P L R L F R L R P L R L

16 F R L L P L R R F R L L P L R R

17 F L L R P R R L F L L R P R R L

18 F R R R P L L L F R R R P L L L

19 F L L F L L F R R P L L

20 P L L P L L F L R P R L

21 F L L F L L F R L P R L

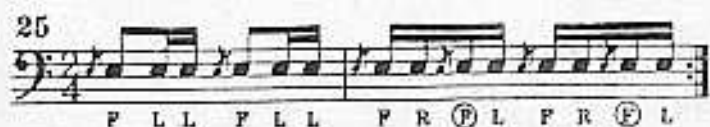
22 P L L P L L F R L P L R

23 P L L P L L F L R L F L R L

24 F L L P L L F L R R P R L L

• P: right hand flam-(LR)
 P: left hand flam-(RL)

Flam Beats

25 
F L L F L L F R (P) L F R (P) L

37 
F R R (P) L L F R (P) L F R (P) L

26 
F L L F L L F L R L (P) R L R

38 
F R R (P) L L F L R L (P) R L R

27 
F L L F L L F R L L F R L L

39 
F R R (P) L L F R L L F R L L

28 
F L L F L L F R L R (P) L R L

40 
F R R (P) L L F R L R (P) L R L

29 
F L L F L L F R L L (P) L R R

41 
F R R (P) L L F R L L (P) L R R

30 
F L L F L L F L L R (P) R R L

42 
F R R (P) L L F L L R (P) R R L

31 
F L L F L L F R R R (P) L L L

43 
F R R (P) L L F R R R (P) L L L

32 
F R R (P) L L F L R (P) R L

44 
F L R (P) R L F R L F R L

33 
F R R (P) L L F R L F R L

45 
F L R (P) R L F R L (P) L R

34 
F R R (P) L L F R L (P) L R

46 
F L R (P) R L F L R L F L R L

35 
F R R (P) L L F L R L F L R L

47 
F L R (P) R L F L R R (P) R L L

36 
F R R (P) L L F L R R (P) R L L

48 
F L R (P) R L F R (P) L F R (P) L

Flam Beats

49 

F L R (P) R L

61 

F R L F R L F R L R (P) L R L

50 

F L R (P) R L F R L L F R L L

62 

F R L F R L F R L L (P) L R R

51 

F L R (P) R L F R L R (P) L R L

63 

F R L F R L F L L R (P) R R L

52 

F L R (P) R L F R L L (P) L R R

64 

F R L F R L F R R R (P) L L L

53 

F L R (P) R L F L L R (P) R R L

65 

F R L (P) L R F L R L F L R L

54 

F L R (P) R L F R R R (P) L L L

66 

F R L (P) L R F L R R (P) R L L

55 

F R L F R L F R L (P) L R

67 

F R L (P) L R F R (P) L F R (P) L

56 

F R L F R L F L R L F L R L

68 

F R L (P) L R F L R L (P) R L R

57 

F R L F R L F L R R (P) R L L

69 

F R L (P) L R F R L L F R L L

58 

F R L F R L F R (P) L F R (P) L

70 

F R L (P) L R F R L R (P) L R L

59 

F R L F R L F L R L (P) R L R

71 

F R L (P) L R F R L L (P) L R R

60 

F R L F R L F R L L F R L L

72 

F R L (P) L R F L L R (P) R R L

Flam Beats

73 P R L P L R F R R R P L L L

74 P R R P R R P L L P R R

75 P R R P R R P R L P L R

76 P R R P R R P L R P L R

77 P R R P R R P L R P R L

78 P R R P R R P R L R P R L R

79 P R R P R R P R L L F L R R

80 P R R P R R P L F R P L F R

81 P R R P R R P R L R F L R L

82 P R R P R R P L R R P L R R

83 P R R P R R P L R L F R L R

84 P R R P R R P L R R F R L L

85 P R R P R R P R R L P L L R

86 P R R P R R P L L L P R R R

87 P L L P R R P R L P L R

88 P L L F R R P L R P L R

89 P L L F R R P L R P R L

90 P L L P R R P R L R P R L R

91 P L L P R R P R L L P L R R

92 P L L P R R P L F R P L F R

93 P L L P R R P R L R F L R L

94 P L L P R R P L R R P L R R

95 P L L P R R P L R L F R L R

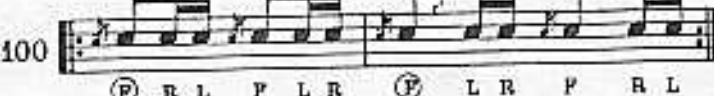
96 P L L P R R P L R R F R L L

Flam Beats

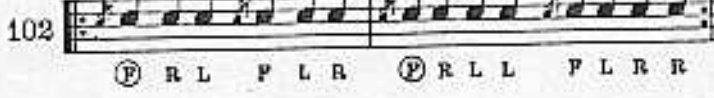
97  $\textcircled{P}$ L L P R R $\textcircled{P}$ R R L F L L R

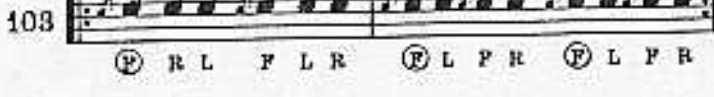
98  $\textcircled{P}$ L L P R R $\textcircled{P}$ L L L F R R R

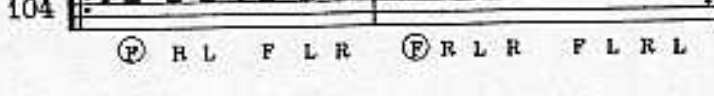
99  $\textcircled{P}$ R L P L R $\textcircled{P}$ L R $\textcircled{P}$ L R

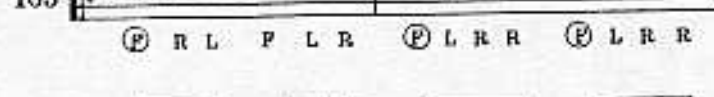
100  $\textcircled{P}$ R L P L R $\textcircled{P}$ L R F R L

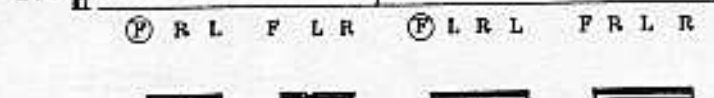
101  $\textcircled{P}$ R L P L R $\textcircled{P}$ R L R $\textcircled{P}$ R L R

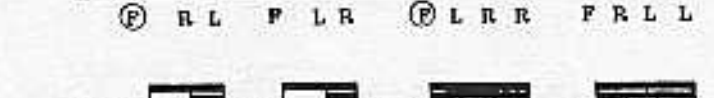
102  $\textcircled{P}$ R L P L R $\textcircled{P}$ R L L F L R R

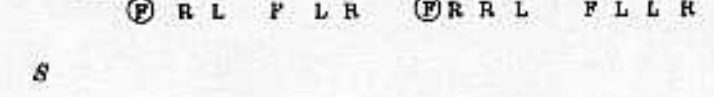
103  $\textcircled{P}$ R L P L R $\textcircled{P}$ L P R $\textcircled{P}$ L P R

104  $\textcircled{P}$ R L F L R $\textcircled{P}$ R L R F L R L

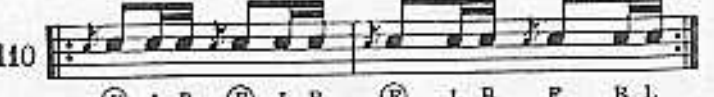
105  $\textcircled{P}$ R L P L R $\textcircled{P}$ L R R $\textcircled{P}$ L R R

106  $\textcircled{P}$ R L F L R $\textcircled{P}$ L R L F R L R

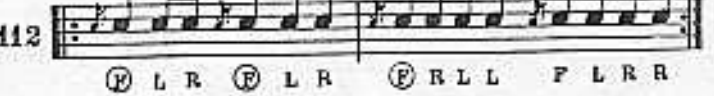
107  $\textcircled{P}$ R L P L R $\textcircled{P}$ L R R F R L L

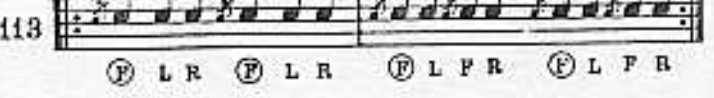
108  $\textcircled{P}$ R L F L R $\textcircled{P}$ R R L F L L R

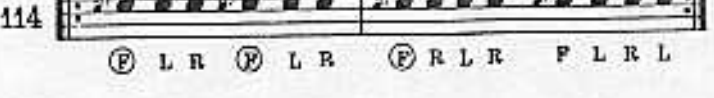
109  $\textcircled{P}$ R L P L R $\textcircled{P}$ L L L F R R R

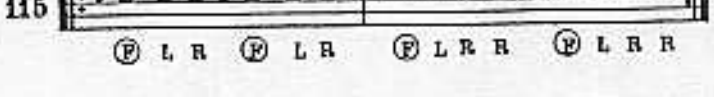
110  $\textcircled{P}$ L R $\textcircled{P}$ L R $\textcircled{P}$ L R F R L

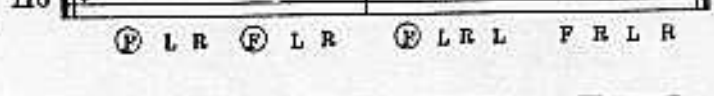
111  $\textcircled{P}$ L R $\textcircled{P}$ L R $\textcircled{P}$ R L R $\textcircled{P}$ R L R

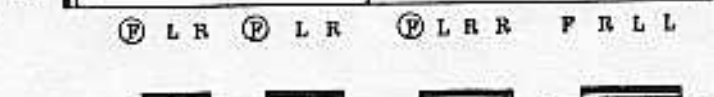
112  $\textcircled{P}$ L R $\textcircled{P}$ L R $\textcircled{P}$ R L L F L R R

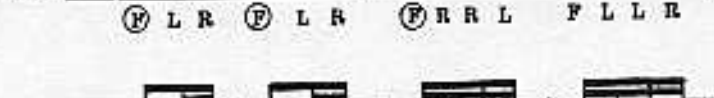
113  $\textcircled{P}$ L R $\textcircled{P}$ L R $\textcircled{P}$ L P R $\textcircled{P}$ L P R

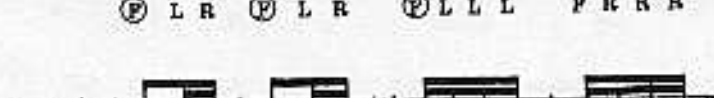
114  $\textcircled{P}$ L R $\textcircled{P}$ L R $\textcircled{P}$ R L R F L R L

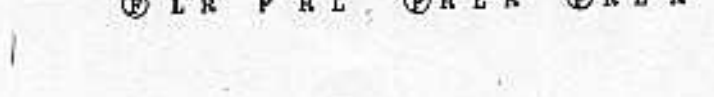
115  $\textcircled{P}$ L R $\textcircled{P}$ L R $\textcircled{P}$ L R R $\textcircled{P}$ L R R

116  $\textcircled{P}$ L R $\textcircled{P}$ L R $\textcircled{P}$ L R L F R L R

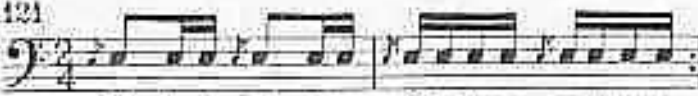
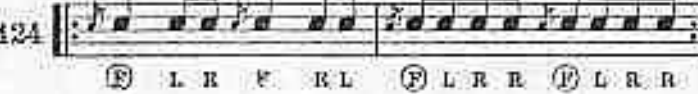
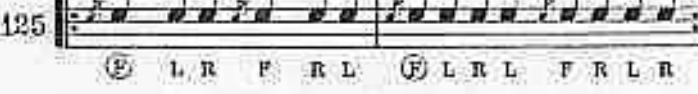
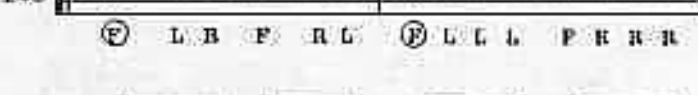
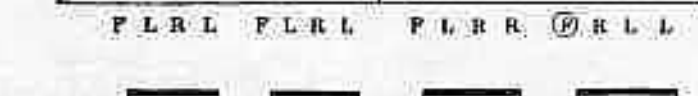
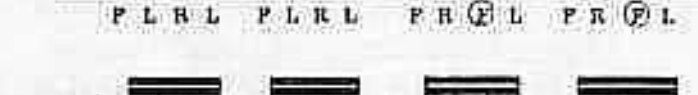
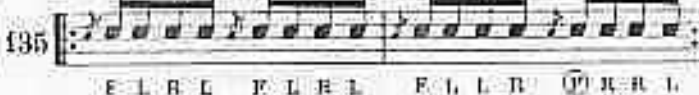
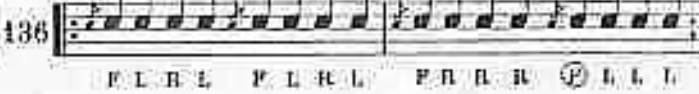
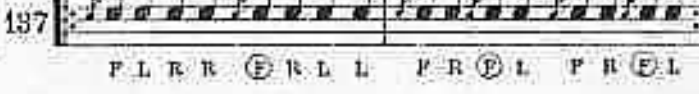
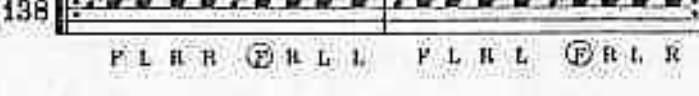
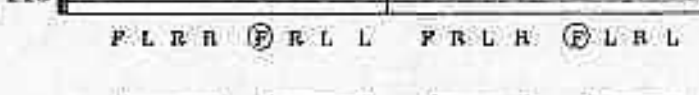
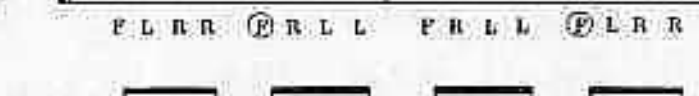
117  $\textcircled{P}$ L R $\textcircled{P}$ L R $\textcircled{P}$ L R R F R L L

118  $\textcircled{P}$ L R $\textcircled{P}$ L R $\textcircled{P}$ R R L F L L R

119  $\textcircled{P}$ L R $\textcircled{P}$ L R $\textcircled{P}$ L L L F R R R

120  $\textcircled{P}$ L R F R L $\textcircled{P}$ R L R $\textcircled{P}$ R L R

Flam Beats

121  122  123  124  125  126  127  128  129  130  131  132  133  134  135  136  137  138  139  140  141  142  143  144 

Flam Beats

45



157



46



158



47



159



48



160



49



161



50



162



51



163



52



164



53



165



54



166



55



167



56



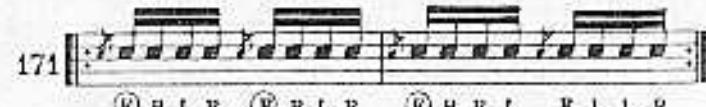
168



Flam Beats

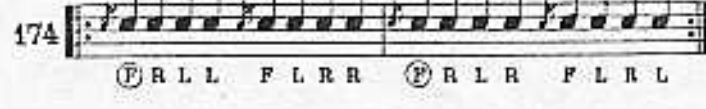
169  $\textcircled{P} \text{RLR} \textcircled{P} \text{RLR} \textcircled{P} \text{LRL} \text{PRLR}$

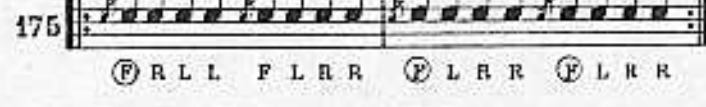
170  $\textcircled{P} \text{RLR} \textcircled{P} \text{RLR} \textcircled{P} \text{LRR} \text{PALL}$

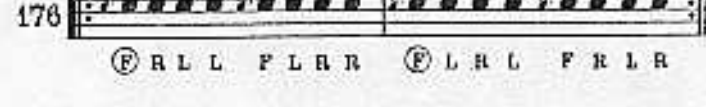
171  $\textcircled{P} \text{RLR} \textcircled{P} \text{RLR} \textcircled{P} \text{HRL} \text{PLLR}$

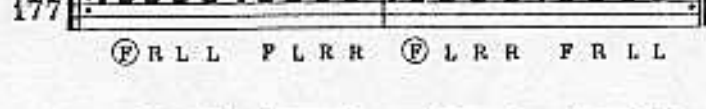
172  $\textcircled{P} \text{RLR} \textcircled{P} \text{RLR} \textcircled{P} \text{LLL} \text{PARR}$

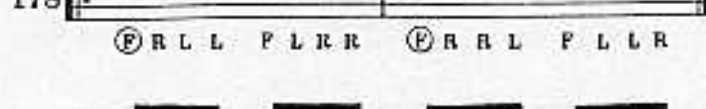
173  $\textcircled{P} \text{RLR} \text{PLRR} \textcircled{P} \text{LPR} \textcircled{P} \text{LPR}$

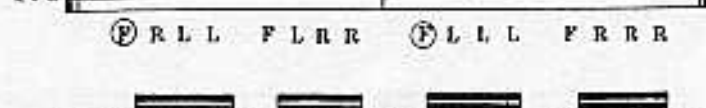
174  $\textcircled{P} \text{RLR} \text{PLRR} \textcircled{P} \text{RLR} \text{PLRL}$

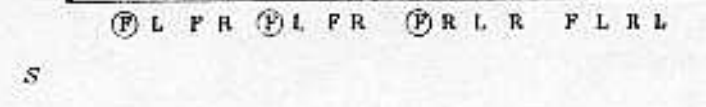
175  $\textcircled{P} \text{RLR} \text{PLRR} \textcircled{P} \text{LRR} \textcircled{P} \text{LRR}$

176  $\textcircled{P} \text{RLR} \text{PLRR} \textcircled{P} \text{LRL} \text{FRLR}$

177  $\textcircled{P} \text{RLR} \text{PLRR} \textcircled{P} \text{LRR} \text{FRLR}$

178  $\textcircled{P} \text{RLR} \text{PLRR} \textcircled{P} \text{RLR} \text{PLLR}$

179  $\textcircled{P} \text{RLR} \text{PLRR} \textcircled{P} \text{LLL} \text{FRRR}$

180  $\textcircled{P} \text{LPR} \textcircled{P} \text{LPR} \textcircled{P} \text{RLR} \text{PLRL}$

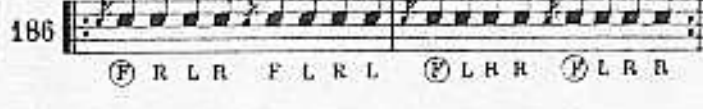
181  $\textcircled{P} \text{LPR} \textcircled{P} \text{LPR} \textcircled{P} \text{LRR} \textcircled{P} \text{LRR}$

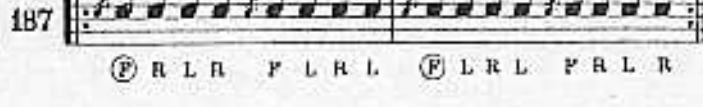
182  $\textcircled{P} \text{LPR} \textcircled{P} \text{LPR} \textcircled{P} \text{LRL} \text{PLLR}$

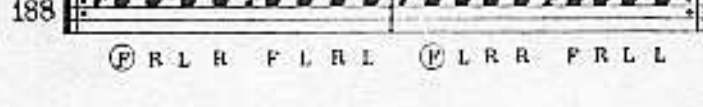
183  $\textcircled{P} \text{LPR} \textcircled{P} \text{LPR} \textcircled{P} \text{LRR} \text{PALL}$

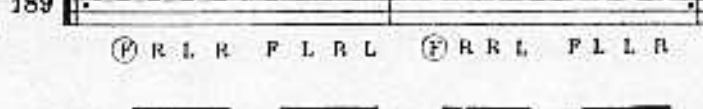
184  $\textcircled{P} \text{LPR} \textcircled{P} \text{LPR} \textcircled{P} \text{HRL} \text{PLLR}$

185  $\textcircled{P} \text{LPR} \textcircled{P} \text{LPR} \textcircled{P} \text{LLL} \text{PARR}$

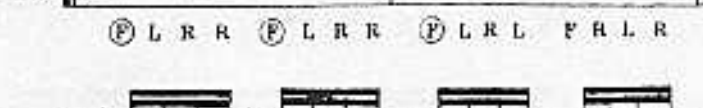
186  $\textcircled{P} \text{RLR} \text{PLRL} \textcircled{P} \text{LRR} \textcircled{P} \text{LRR}$

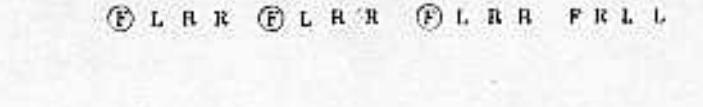
187  $\textcircled{P} \text{RLR} \text{PLRL} \textcircled{P} \text{LRL} \text{PALR}$

188  $\textcircled{P} \text{RLR} \text{PLRL} \textcircled{P} \text{LRR} \text{FRLR}$

189  $\textcircled{P} \text{RLR} \text{PLRL} \textcircled{P} \text{HRL} \text{PLLR}$

190  $\textcircled{P} \text{RLR} \text{PLRL} \textcircled{P} \text{LLL} \text{FRRR}$

191  $\textcircled{P} \text{LRR} \textcircled{P} \text{LRR} \textcircled{P} \text{LRL} \text{PALR}$

192  $\textcircled{P} \text{LRR} \textcircled{P} \text{LRR} \textcircled{P} \text{LRR} \text{FRLR}$

Short Rolls in 6/8

1 R L R L R L R L R L R L R L R L

2 R R L R L R L R R L R L R L R L

3 L L R L R L R L L R L R L R L R

4 R L L R L R L R L L R L R L R L

5 L R R L R L R L L R R L R L R L

6 R R R L R L R L L L R L R L R L

7 R L R L R L R L R L R L R L R L

8 L L L R L R L R L R L R L R L R

9 R R L R L R L R L L R L R L R L

10 R L L R L R L R L R L R L R L R

11 R R R L R L R L R R R L R L R L

12 L L L R L R L R L L L R L R L R

13 R L R L L R R L L R L R L L R R L L
7 stroke open roll

14 L R L R R L L R R L R L R R L L R R

15 R R L R R L L R R L L R L L R R L L

16 R L L R R L L R R L R R L L R R L L

17 R R R L L R R L L R R R L L R R L L

18 L L L R R L L R R L L L R R L L R R

19 R L R L L R R L L R L R L L R R L L
5 stroke open roll

20 L R L R R L L R R L R L R R L L R R

21 R R L R R L L R R L L R L L R R L L

22 R L L R R L L R R L R R L L R R L L

23 R R R L L R R L L R R R L L R R L L

24 L L L R R L L R R L L L R R L L R R

Repeat each exercise 20 times

Short Rolls in 6/8

1
 R L R L L R R L L R R L R L R R L L R R L L

7
 R L R L L R R L L R R L L R R L L R R L L

2
 R R L R R L L R R L L R R L L R R L L

8
 R R L R R L L R R L L R R L L R R L L

3
 L L R L L R R L L R R L L R R L L R R L L

9
 L L R L L R R L L R R L L R R L L R R L L

4
 R L L R R L L R R L L R R L L R R L L

10
 R L L R R L L R R L L R R L L R R L L

5
 L R R L L R R L L R R L L R R L L R R L L

11
 L R R L L R R L L R R L L R R L L R R L L

6
 R R R L L R R L L R R L L R R L L R R L L

12
 R R R L L R R L L R R L L R R L L R R L L

13
 R L R L R L R L R L R L R L R L R L R L

19
 R L R L R L R L R L R L R L R L R L R L

14
 R R L R R L R R L R R L R R L R R L R R L

20
 R R L R R L R R L R R L R R L R R L R R L

15
 L L R L L R L L R L L R L L R L L R L L R

21
 L L R L L R L L R L L R L L R L L R L L R

16
 R L L R L L R L L R L L R L L R L L R L L R

22
 R L L R L L R L L R L L R L L R L L R L L R

17
 L R R L R R L R R L R R L R R L R R L R R L

23
 L R R L R R L R R L R R L R R L R R L R R L

18
 R R R L R R L R R L R R L R R L R R L R R L

24
 R R R L R R L R R L R R L R R L R R L R R L

Short Rolls in 6/8

1 R L R LLRLRLRLRL R L R LLRLRLRLRL
11 stroke open roll

7 R L R LLRLRLRLRL R L R LLRLRLRLRL
9 stroke open roll

2 L R L RRLRLRLRLRL L R L RRLRLRLRL

8 L R L RRLRLRLRLRL L R L RRLRLRLRL

3 R R L RRLRLRLRLRL L L R LLRLRLRLRL

9 R R L RRLRLRLRLRL L L R LLRLRLRLRL

4 R L L RRLRLRLRLRL L R R LLRLRLRLRL

10 R L L RRLRLRLRLRL L R R LLRLRLRLRL

5 R R R LLRLRLRLRLRL R R R LLRLRLRLRL

11 R R R LLRLRLRLRLRL R R R LLRLRLRLRL

6 L L L RRLRLRLRLRL L L L RRLRLRLRL

12 L L L RRLRLRLRLRL L L L RRLRLRLRL

13 R L R LLRLRLRLRL R L R LLRLRLRLRL
11 stroke closed roll

19 R L R LLRLRLRLRL R L R LLRLRLRLRL
9 stroke closed roll

14 L R L RRLRLRLRLRL L R L RRLRLRLRL

20 L R L RRLRLRLRLRL L R L RRLRLRLRL

15 R R L RRLRLRLRLRL L L R LLRLRLRLRL

21 R R L RRLRLRLRLRL L L R LLRLRLRLRL

16 R L L RRLRLRLRLRL L R R LLRLRLRLRL

22 R L L RRLRLRLRLRL L R R LLRLRLRLRL

17 R R R LLRLRLRLRLRL R R R LLRLRLRLRL

23 R R R LLRLRLRLRLRL R R R LLRLRLRLRL

18 L L L RRLRLRLRLRL L L L RRLRLRLRL

24 L L L RRLRLRLRLRL L L L RRLRLRLRL

* This measure, like those on pages 25 and 26, is irregularly notated.
See note on page 25. The precise notation of this measure should be as follows:—

10

Review of Short Rolls in $6/8$

1

R L R LRLRL L R L RLRLRL RLRLRLRLRL RLRLRLRLRL

2

L R L RLRLRL L R L LRLRL RLRLRLRLRL RLRLRLRLRL

3

R L R LRLRL L R L LRLRL LRLRL LRLRL LRLRL LRLRL

4

L R L RLRLRL L R L RLRLRL RLRLRL RLRLRL RLRLRL RLRLRL

5

R L R LRLRL L R L LRLRL RLRLRL LRLRL RLRLRL LRLRL

6

R L R LRLRL L R L LRLRL RLRLRLRLRL RLRLRLRLRL RLRLRLRLRL

7

L R L RLRLRL L R L RLRLRL LRLRLRLRLRL LRLRLRLRLRL

8

R L R LRLRL L R L LRLRL LRLRL LRLRL LRLRL LRLRL

9

L R L RLRLRL L R L RLRLRL RLRLRL RLRLRL RLRLRL RLRLRL

10

R L R LRLRL L R L LRLRL RLRLRL LRLRL RLRLRL LRLRL

11

R L R LRLRL L R L LRLRL RLRLRL LRLRL RLRLRL LRLRL

12

L R L RLRLRL L R L RLRLRL LRLRLRLRLRL LRLRLRLRLRL

Combinations in $\frac{3}{8}$

1 13

2 14

3 15

4 16

5 17

6 18

7 19

8 20

9 21

10 22

11 23

12 24

Combinations in $\frac{3}{8}$

25 
R L R L R L R L R L R L R L

26 
L R L R L R L R L R L R L R

27 
R R L L R L R L R R L L R L R L

28 
L L R R L R L R L L R R L R L R

29 
R L R R L R L R L R L L R L R L

30 
R L L R L R L R L R R L R L R L

31 
R L L L R L R L R L L L R L R L

32 
L R R R L R L R L R R R L R L R

33 
R R R L R L R L R R R L R L R L

34 
L L L R L R L R L L L R L R L R

35 
R R R R L R L R L L L L R L R L

36 
R L R L R L R R L R L L R L R

37 
L R L R L R L L R L R L R L

38 
R R L L R L R R R L L R L R

39 
L L R R L R L L L R R L R L

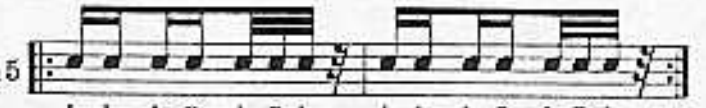
40 
R L R R L R L L R L L L R L R

41 
R L L R L R L L R R L R L R

42 
R L L L R L R R L L L R L R

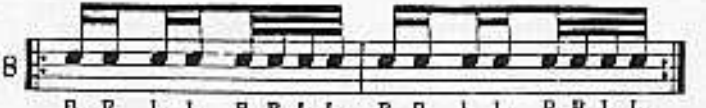
43 
L R R R L R L L R R R L R L

44 
R R R L R L R R R R L R L R

45 
L L L R L R L L L L R L R L

46 
R L R L R R L L R L R L R L L
5 stroke open roll

47 
L R L R L L R R L R L R L L R R

48 
R R L L R R L L R R L L R R L L

Combinations in $\frac{3}{8}$

49

L L R R L L R R L L R R L L R R

50

R L R R L L R R L R L L R R L L

51

R L L R L L R R L R R L R R L L

52

R L L L R R L L R L L L R R L L

53

L R R R L L R R L R R R L L R R

54

R R R L R R L L R R R L R R L L

55

L L L R L L R R L L L R L L R R

56

R L R L R R L L R L R L R R L L

3 stroke open roll

57

L R L R L L R R L R L R L L R R

58

R R L L R R L L R R L L R R L L

59

L L R R L L R R L L R R L L R R

60

R L R R L L R R L R L L R R L L

61

R L R L R L R L R L R L R L

3 stroke closed roll

62

L R L R L R L R L R L R L R

63

R R L L R L R R L L R L R R L L

64

L L R R L R L L R R L R L L R R

65

R L R R L R L R L L R L R L L L R L

66

R L L R L R L R R L R L R L R L

67

R L R L R L R L R L R L R L R L

3 stroke closed roll

68

L R L R L R L R L R L R L R L R

69

R R L L R L R R L L R L R R L L

70

L L R R L R L L R R L R L L R R

71

R L R R L R L R L L R L R L L L R L

72

R R R R L R L L L L R L R L L L R L

Combinations in 2/4

1 R L R L R L R L R L R L R L R L

2 R R L R L R R L R L R R L R L R L L

3 L L R L R L L R L R L L R L R L L R L R

4 R L R R L R L R R L R L R R L R L R R L

5 L R L L R L R L L R L R L L R L R L L R

6 R R L L R L L R R L R R L L R L L R R L

7 R L R L R L R L R L R L R L R L R L R L

8 L R L R L R L R L R L R L R L R L R L R

9 R R L R L R L L R L R L R R L R L L R L R L

10 R L R L R L R L R L R L R L R L R L R L

11 L R L R L R L R L R L R L R L R L R L R

12 R R L R L L L R L R R R L R L L L R L R

13 R L R R L R L R R L R L R R L R L R R L
5 stroke open roll

14 L R L L R R L R L L R R L R L L R R L R L L R R

15 R R L L R R L R L L R R L R L L R R L R L L R R

16 R L R R L R L R R L R L R R L R L R R L
3 stroke open roll

17 L R L L R L R L L R L R L L R L R L L R

18 R R L L R L L R R L R R L L R L L R R L

19 R L R L R L R L R L R L R L R L R L R L
6 stroke closed roll

20 L R L R L R L R L R L R L R L R L R L R

21 R R L R L L R L R R L R L L R L R L

22 R L R L R L R L R L R L R L R L R L R L
3 stroke closed roll

23 L R L R L R L R L R L R L R L R L R L R

24 R R L R L L R L R R L R L L R L R L

Flam Triplets and Dotted Notes

1 
F L R P R L F L R P R L

2 
F R L F R L F R L F R L

3 
F L L F L L F L L F L L

4 
P L R P L R P L R P L R

5 
P R R P R R P R R P R R

6 
F R R P L L F R R P L L

7 
P R P L F R P L

8 
F L F L F L F L

9 
P R P R P R P R

10 
F R P L F R P L

11 
F L F L F L F L

12 
P R P R P R P R

13 
F L R P R L F L R P R L F R L F R L P R L F R L

14 
F L R P R L F L R P R L F L L F L L F L L F L L P L L

15 
F L R P R L F L R P R L F R R P L L F R R P L L

16 
F L R P R L F L R P R L F R P L F R P L

17 
F L R P R L F L R P R L F L F L F L F L P L

18 
F L R P R L F L R P R L F R P L F R P L

* Dotted eighths and sixteenths must be given their exact value.

This measure should not be confused with the following:-



Flam Triplets and Dotted Notes

19 
P L R (P) R L P L R (P) R L F L F L F L F L

20 
P R L P R L P R L F R L F L L P L L F L L F L L

21 
F R L P R L P R L F R L F R R (P) L L F R R (P) L L

22 
P R L P R L F R L F R L F R (P) L F R (P) L

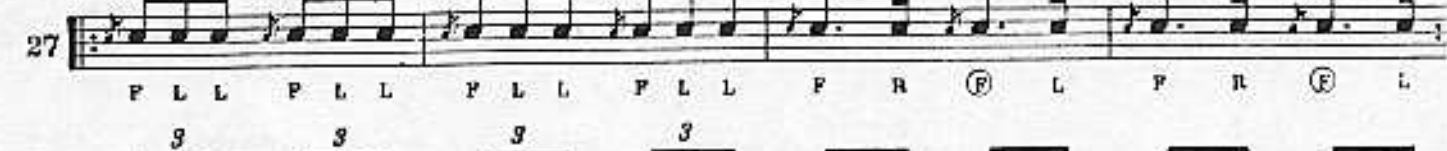
23 
P R L P R L P R L F R L F L F L F L F L

24 
F R L P R L F R L F R L F R (P) L F R (P) L

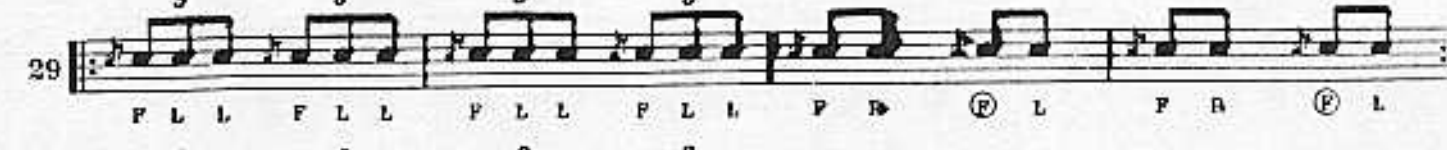
25 
P R L P R L P R L F R L F L F L F L F L

26 
P L L P L L P L L F L L F R R (P) L L F R R (P) L L

27 
F L L P L L P L L F L L F R (P) L F R (P) L

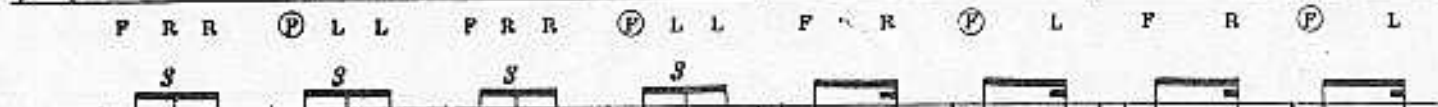
28 
P L L P L L P L L F L L F L F L P L F L

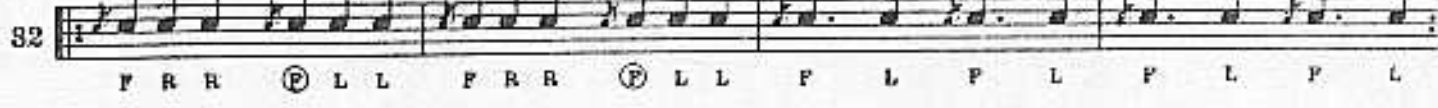
29 
F L L F L L P L L F L L F R (P) L F R (P) L

30 
P L L P L L P L L F L L P L F L P L F L

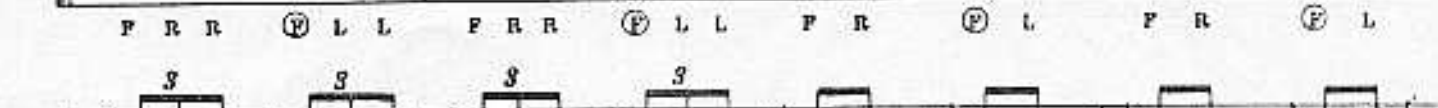
Flam Triplets and Dotted Notes

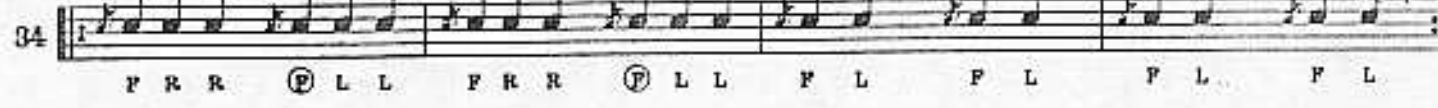
91 
P R R (P) L L P R R (P) L L P R (P) L P R (P) L

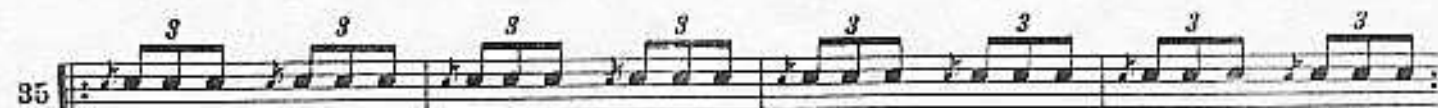
92 
P R R (P) L L P R R (P) L L P L P L P L P L

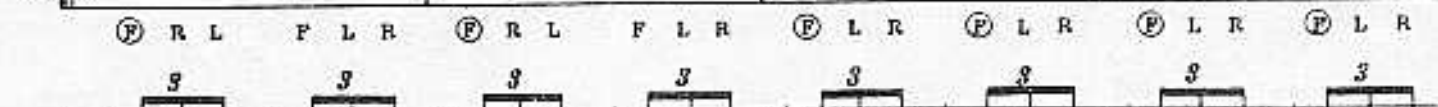
93 
P R R (P) L L P R R (P) L L P R (P) L P R (P) L

94 
P R R (P) L L P R R (P) L L P L P L P L P L

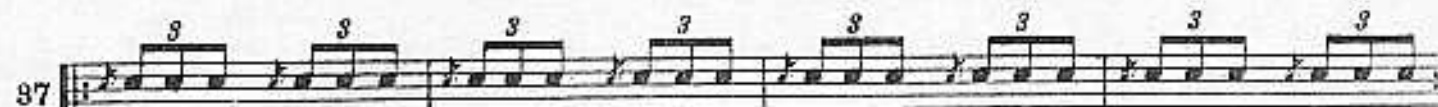
95 
(P) R L P L R (P) R L P L R (P) L R (P) L R (P) L R (P) L R

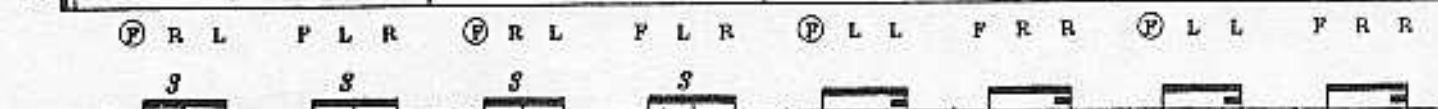
96 
(P) R L P L R (P) R L P L R (P) R R (P) R R (P) R R (P) R R

97 
(P) R L P L R (P) R L P L R (P) L L P R R (P) L L P R R

98 
(P) R L P L R (P) R L P L R (P) L P R (P) L P R

99 
(P) R L P L R (P) R L P L R (P) R (P) R (P) R (P) R

40 
(P) R L P L R (P) R L P L R (P) L P R (P) L P R

41 
(P) R L P L R (P) R L P L R (P) R (P) R (P) R (P) R

42 
(P) L R (P) L R (P) L R (P) L R (P) R R (P) R R (P) R R (P) R R

Flam Triplets and Dotted Notes

Sheet music for Flam Triplets and Dotted Notes, measures 5 through 64. The music is written on a single staff with a key signature of one flat (B-flat) and a time signature of 2/4. The notation includes eighth notes, quarter notes, and dotted notes, often grouped in triplets. The rhythm is indicated by the letters P (Palm), L (Left), and R (Right) in circles below the staff.

Measures 5 through 64 are shown, with measures 5, 6, 7, 8, 19, 60, 61, 62, 63, and 64 explicitly labeled. The music consists of 12 measures in total, with measures 19, 60, 61, 62, 63, and 64 being repeats of measures 5, 6, 7, 8, 19, and 60 respectively.

Measures 5-8: (P) L R (P) L R (P) L R (P) L R (P) L L P R R (P) L L P R R

Measures 9-12: (P) L R (P) L R (P) L R (P) L R (P) L P R (P) L P R

Measures 13-16: (P) L R (P) L R (P) L R (P) L R (P) R (P) R (P) R (P) R

Measures 17-20: (P) L R (P) L R (P) L R (P) L R (P) L P R (P) L P R

Measures 21-24: (P) L R (P) L R (P) L R (P) L R (P) R (P) R (P) R (P) R

Measures 25-28: (P) R R (P) R R (P) R R (P) R R (P) L L P R R (P) L L P R R

Measures 29-32: (P) R R (P) R R (P) R R (P) R R (P) L P R (P) L P R

Measures 33-36: (P) R R (P) R R (P) R R (P) R R (P) R (P) R (P) R (P) R

Measures 37-40: (P) R R (P) R R (P) R R (P) R R (P) L P R (P) L P R

Measures 41-44: (P) R R (P) R R (P) R R (P) R R (P) R (P) R (P) R (P) R

Measures 45-48: (P) L L P R R (P) L L P R R (P) L P R (P) L P R

Measures 49-52: (P) L L P R R (P) L L P R R (P) R (P) R (P) R (P) R

Measures 53-56: (P) L L P R R (P) L L P R R (P) L P R (P) L P R

Measures 57-60: (P) L L P R R (P) L L P R R (P) R (P) R (P) R (P) R

Measures 61-64: (P) L L P R R (P) L L P R R (P) R (P) R (P) R (P) R

Short Roll Progressions

1
 R L R L R L R L R L R L

5
 R L R L R R L R L R L R L

2
 R R L L R L R L L R R L R L

6
 L R L R L L R L R L R L L R

3
 R L R R L L R L R R L R L

7
 R R L L R R L R L L R R L

4
 L R L L R L R L R L L R L R

8
 L L R R L L R L L R R L L R

9
 R L R L R R L L R L R L L R L L
7 stroke open roll

13
 R L R L R R L L R L R L L R L L
6 stroke open roll

10
 R R L L R R L L R L R L L R L L

14
 R R L L R R L L R L R L L R L L

11
 R L R R L L R L L R L R R L L R L L

15
 R L R R L L R L L R L R R L L R L L

12
 L R L L R R L L R L R L L R R L L R

16
 L R L L R R L L R L R L L R R L L R

17
 R L R L R L R L R L R L L
7 stroke closed roll

21
 R L R L R L R L R L R L L
6 stroke closed roll

18
 R R L L R L R L L R R L R L

22
 R R L L R L R L L R R L R L

19
 R L R R L R L R L R R L R L

23
 R L R R L R L R L R R L R L

20
 L R L L R L R L R L L R L R

24
 L R L L R L R L R L L R L R

Short Roll Progressions

1 R L R L R L R L R L R L R L R L

2 R R L L R L R L R L R R L R L R L

3 R L R R L R L R L R L R R L R L R L

4 L R L L R L R L R L R L L R L R L R

5 R L R L R R L R L R L R L R R L R L

6 L R L R L L R L R L R L R L L R R R

7 R L R R L L R L R L R L L R R L R L

8 R L R R L L R R L L R L L R R L L R

9 R L R L R R L L R R L R R L R L R L R L L

10 R R L L R R L L R R L L R R L L R R L L R R L L

11 R L R R L L R R L L R R L L R L R R L L R R L L

12 L R L L R R L L R R L L R R L L R R L L R R L L

13 R L R L R L R L R L R L R L R L

14 R R L L R L R L R L L R R L R L R L

15 R L R R L R L R L R L R R L R L R L

16 L R L L R L R L R L R L L R L R L R

17 R L R L R L R L R L R L R L R L

18 R R L L R L R L R L L R R L R L R L

19 R L R R L R L R L R L R R L R L R L

20 L R L L R L R L R L R L L R L R L R

Short Roll Progressions

1
 R L R L R L R L R L R L R L R L

2
 L R L R L R L R L R L R L R L R

3
 R R L L R R L R L L R R L L R R L R L L

4
 R L R R L R L R L R L R L L R L R L R L

5
 R L R L R R L L R R L L R R L L R R L L

6
 R R L L R R L L R R L L R R L L R R L L

7
 R L R R L L R R L L R L R R L L R R L L

8
 L R L L R R L L R R L R L L R R L L R R

9
 R L R L R R L L R R L L R R L L R L R L R R L L R R L L R R L L

10
 L R L R L L R R L L R R L L R R L R L R L L R R L L R R L L R R

11
 R R L L R R L L R R L L R R L L R R L L R R L L R R L L R R L L

12
 R L R R L L R R L L R R L L R R L R L L R R L L R R L L R R L L

13
 R L R L R R L L R R L L R R L L R L R L R R L L R L R L R L

14
 L R L R L L R R L L R R L L R R L R L R L R L R L R L R L R

15
 R R L L R R L L R R L L R R L L R R L L R R L L R R L L R R

16
 R L R R L L R R L L R R L L R R L R L L R R L L R R L L R R

17
 R L R L R R L L R R L L R R L L R L R L R R L L R L R L R L

18
 L R L R L L R R L L R R L L R R L R L R L R L R L R L R L R

19
 R R L L R R L L R R L L R R L L R R L L R R L L R R L L R R

20
 R L R R L L R R L L R R L L R R L R L L R R L L R R L L R R

Short Roll Progressions

1 7 7 7

5 7 7 7

9 14 14 14

13 15 stroke closed roll 14 14

17 12 stroke closed roll 14 14

21 14 14 14

Short Roll Progressions

1 5 6
RRLRLRL RLRLRL RLRLRL RLRLRL
5 stroke open roll

2 5 5
RRLRLRL RLRLRL RLRLRL RLRLRL

3 5 5
RRLRLRL RLRLRL RLRLRL RLRLRL

4 5 5
LLRLRLRL RLRLRL RLRLRL RLRLRL

5 5 5
RRLRLRL RLRLRL RLRLRL RLRLRL
5 stroke open roll

6 5 5
RRLRLRL RLRLRL RLRLRL RLRLRL

7 5 5
RRLRLRL RLRLRL RLRLRL RLRLRL

8 5 5
LLRLRLRL RLRLRL RLRLRL RLRLRL

9 5 5
RLRLRL RLRLRL RLRLRL RLRLRL
5 stroke closed roll

10 5 5
RRLRL RLRL RLRLRL RLRLRL

11 5 5
RLRL RLRL RLRLRL RLRLRL

12 5 5
LRLRL RLRL RLRLRL RLRLRL

13 5 5
RLRLRL RLRLRL RLRLRL RLRLRL
5 stroke closed roll

14 5 5
RRLRL RLRL RLRLRL RLRLRL

15 5 5
RLRL RLRL RLRLRL RLRLRL

16 5 5
LRLRL RLRL RLRLRL RLRLRL

17 6
RRLRLRL RLRLRL RLRLRL RLRLRL
6 stroke open roll

18 6
LLRLRLRL RLRLRL RLRLRL RLRLRL

19 6
RRLRLRL RLRLRL RLRLRL RLRLRL

20 6
RRLRLRL RLRLRL RLRLRL RLRLRL

21 6
RRLRLRL RLRLRL RLRLRL RLRLRL
6 stroke open roll

22 6
LLRLRLRL RLRLRL RLRLRL RLRLRL

23 6
RRLRLRL RLRLRL RLRLRL RLRLRL

24 6
RRLRLRL RLRLRL RLRLRL RLRLRL

