Blue Knights Front Ensemble Warm-ups
8 on a hand
In all Major and Minor Keys
Jason Keeling


Green Scales
In all Major and Minor keys


L R



R R L L R R L R R L
RR LLRRLR LLRRLL RRLR



Intervals


12
12 etc.


L L L L


Trance


Repeat Progression

$\begin{array}{lllll}1 & 2 & 3 & 4 & 1 \\ 4 & 3 & 2 & 1 & \end{array}$
$\begin{array}{llll}1 & 2 & 4 & 3\end{array}$
$\begin{array}{llll}2 & 1 & 3 & 4\end{array}$
We will use every permutation for this exercise. Most are listed but some are not.
$3 \quad 4 \quad 1 \quad 2 \quad$ We will also combine permutations in one rep ie. we will play through the exercise in one permutation
$3 \quad 4 \quad 2 \quad 1 \quad$ and then play the 8th notes again and then do a different permutation with no break in between.
$\begin{array}{llll}4 & 3 & 1 & 2\end{array}$

Flow
There will be two bars of count off exactly like the first 2 measures.


12


This will loop back to the beginning.


