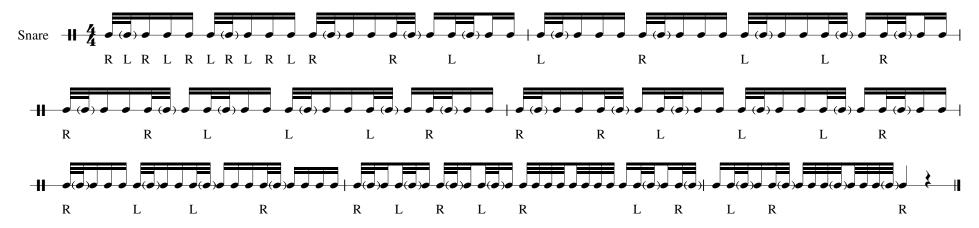
Pantera with backsticks - ()

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Purpose:	This exercise focuses on back sticked single stroked diddles, hertas, blurtas, or whatever you prefer to call them.
1) Stick motion:	The stick motion for this exercise should be completely legato. Do not stop the stick motion until you hit the final note.
2) Sound Quality:	Does every stroke sound the same? How about from left to right hand? Make sure you play every note with the same exact volume. It is a very big challenge to get the backstick sound quality comparable to the regular notes.
	Some common mistakes:
	a) Pounding the last note of the long single stroke rolls in the last two measures.b) At higher tempos, playing the first part of the exercise higher than you can play the rolls at the end. Just because it is easier to play the herta patterns higher doesn't mean you should.c) Playing the right hand louder than the left don't be the guy with the weak left!d) Playing the backsticks quieter than the regular notes.
3) Rhythm and Timing:	How perfect is your rhythmic interpretation of the 32nd notes? How about the underlying 16th note pattern? This is a great exercise to play with a friend - take turns playing straight 16th notes while the other plays the exercise to check your rhythm and timing.