

**Purpose:** The purpose of this exercise is to develop consistency of sound and rhythm in 32nd note single stroke rolls.

1) **Stick motion:** The stick motion should be very legato for this exercise. Think eight on a hand.

2) Sound Quality: This exercise is completely monotone. Every note should sound exactly like every other note. A very common tendency for

this exercise will be to play the alternating sticking check pattern higher than you can play the 32nd note singles. Make sure you adjust the check pattern height so that it will match the 32nd note heights. Another common tendency will be to pound the last note of every

single stroke roll - Don't do it!

3) Rhythm and Timing: This exercise is designed to teach the lead hand what it should feel like when playing 32nd notes. The top line can be thought of as the

check pattern for the 32nd notes. The only thing that is different in the bottom line is that we are adding in the 32nd notes. Don't

change what the lead hand is doing from the top line to the bottom line!

4) Variations to this exercise:

a) Play the lead hand on the drum and the other hand on rim to check for consistency of the lead hand.

b) Play the exercise at 1", 3", 6", etc...

c) Play exercise off the left, of course!